

4th Tunisian Congress of Cognitive Behaviour Therapy

CBT For The Family



20th-21^{rst} of November 2020.

Virtual Congress

Pre-Congress Workshops:

Cognitive behaviour systems approach to couple problems

Pr Mehmet Sungur

ACT: An innovative therapeutic tool to help adolescents

Pr Maria do Céu Salvador

**20th of
november
2020**

Half-Day Workshops & Inaugural Conference

9 to 13.15: Cognitive Behavioural systems approach to couple problems.

Mehmet Sungur

14 to 18.15: Acceptance and Commitment Therapy (ACT):

An innovative therapeutic tool to help adolescents

Maria do Céu Salvador

19 to 19.45: Inaugural Conference

From psychoeducation to family therapy: How can CBT support families with psychological pain?

Ghanem Amara

**21st of
november
2020**

First session: Couple & family

9 to 9.50: Key note : Infidelity and its consequences: How to leave the pain behind if couples decide to stay together following the affair. **Mehmet Sungur**

10 to 10.30: CBT as a Family therapy. **Uta Ouali**

10.40 to 11.10: CBT and Sexual dysfunctions in the development of the couple.

Amira Maamri

Second Session: Children & parenting

11.30 to 12: I love me, I love me not: The role of parents compassion in children development. **Maria do Céu Salvador**

12.10 to 12.40: How powerful is parenting support to treat children psychopathology? **Naoufel Gaddour**

12.50 to 13.20: CBT for adolescent gamers. **Wafa Abdelghaffar**

Third Session: E-posters

13.30 to 14.20: All posters will be displayed during this session

Fourth Session: Min-Workshops

14.30 to 16.00: CBT techniques to manage food craving among teenagers.

Jihed Mrizek

16.15 to 17.45: Parenting support programme.

Naoufel Gaddour

18 to 19.30: CBT for families experiencing specific life adversity (Adoption, suicide and cancer)

Riadh Bouzid, Amel Brahem, Ahlem Mtiraoui.

For any registration from Tunisia:

Registration fee: 150TND

For any registration from foreign countries:

Registration fee: 95€

Please send your bank transfer document to the attcc.contact@gmail.com to confirm your registration.

IBAN: TN59 10300031166234178805

Your access code for the TACBT virtual congress on ZOOM will be sent on your e-mail few days before the starting of the congress.

Registration deadline: 16th of November 2020.

For any further information, please call:

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**4TH TUNISIAN CONGRESS OF
COGNITIVE-BEHAVIOUR-THERAPY**



Pr Mehmet Sungur

He is a Professor of Psychiatry at Istanbul Kent University. The President of the Turkish Association for Cognitive Behaviour Psychotherapy (TACBP). A Former President of European Association of Behaviour and Cognitive Psychotherapy(EABCT).

He is also, the Past President of the International Association for Cognitive Psychotherapy (IACP), President of the European Federation of Sexology (EFS), a Diplomat, Founding Fellow of the Academy of Cognitive Therapy (ACT) and ACT Certified Supervisor, Trainer and Consultant. He is a member of the Beck Institute International Advisory Committee and recently of the World Confederation of Behavioural and Cognitive Therapies. He has currently committed himself to the training of mental health professionals in clinical applications of CBT and sex therapy both in Turkey and abroad. He is running training courses and certified CBT training programmes for a large number of mental health professionals in Turkey and abroad. He has run many workshops and has given keynotes and lectures in UK, Denmark, USA, Serbia, Bulgaria, Macedonia, Spain, Poland, USA, Greece, Malaysia, Ireland, Japan, Germany, Malta, Hong Kong, France, Egypt, Portugal, Italy, Lithuania, Cuba and many other countries related to CBT and especially on sexual and marital problems., He has been the president of 7 international and many national congresses about CBT and sex therapy.

Pr Maria do Céu Salvador

She is the current president of the Portuguese Association of CBT.

She received her doctorate from the University of Coimbra, where she is presently teaching as Professor of CBT with children and adolescents and of Behaviour and Cognitive Models, researching and supervising CBT training and research.

Her main interest and research focus on assessment, conceptualization and treatment of social anxiety disorder in adolescents and adults, and third

Director of the Psikontacto Clinic - a center for clinical training and clinical intervention. She is accredited as a psychotherapist and supervisor by the Portuguese Association for Behavioral Therapies and as schema focused therapist by the International Society for Schema Therapy. She is a member of the Editorial Board of several scientific journals.

